

Spin-a-thon 2020!

For the second year running and by popular demand, bonematters organised its second annual Spin-a-thon!

It was touch and go if we would be able to go ahead as planned as COVID-19 was affecting us more and more.....but we just managed before gyms were closed.

Fuelled by amazing caked donated from Taught by Grandma we managed to smash through the mammoth task of 5 back to back 55 minute spin classes!



Some people took part in one, two or three hours.....but 6 superhumans took on the full 5 classes! Amazing!



We even managed to get Glynis away from [The Studio](#) and her amazing [facials](#) to complete her first ever spin class!

.....and we have the picture to prove it!



Well done Glynis!

We also had some support from visiting NCAR residents and their humans who popped in to make sure we kept going!



Thanks to **Nuffield Health in Chester** for providing the venue and the bikes free of charge we managed to raise an amazing £1200 for **North Clwyd Animal Rescue Centre**!

Bring on 2021!